

# Dance Plus EP Studio Policies & Protocols during COVID-19

In this unique time, extra precautions must be taken by everyone to promote the health and safety of the dancers and staff at Dance Plus to limit the spread of COVID-19. Please adhere to these policies and ask questions if you are unsure by emailing <a href="mailto:danceplusep@gmail.com">danceplusep@gmail.com</a>. Your feedback is valuable to us and will help us meet the needs of our families, we thank you for your co-operation.

- If your child (or anyone in your household) is showing any signs of illness (fever, cough, difficulty breathing), they must be kept home as per SHA guidelines and your signed waiver. Dance Plus Staff will also stay home if they or anyone in their household is showing any signs of illness
- Hand Santizer must be used by everyone upon entering or exiting the building
- Dancers will Hand Sanitize as they enter their studio for class (this will be provided by the studio but you are welcome to provide your own). Dancers age 5 & under we will provide hand wipes in the studio room instead of hand sanitizer
- We will be following SHA social distancing guidelines for the number of participants allowed in the studio rooms and building

#### **Before Class**

- Once inside the building please keep to the left side near our two studio rooms
- Dancers must be dressed & ready with their hair done for class, no change area will be available for now
- Students must be dropped off no earlier than 5 minutes before their class time
- Dancers Ages 5 & under One parent/guardian per family may enter the building for drop off & pick up of dancer
- Dancers Ages 6 & over must be dropped off at the door
- Please maintain physical distancing as much as possible in the entryway
- Coats can be placed in their dance bag
- Dancers will head directly to their studio as soon as the room is available to allow for entrances & exits of studio rooms. Wherever possible class times have been staggered for each studio space.
- Waiting room will be closed at this time due to SHA regulations surrounding number of people allowed in a building
- Washrooms are available for Dancers use only, but not available for changing
- Students must bring their own labeled and filled water bottle our water fill station will not be available to fill bottles at this time
- Students are to take their dance bag with change of shoes into the studio with them, be sure that shoes are clearly labeled with their names

# In Class

- Studio floors are marked in 6 foot squares to allow for physical distancing between dancers
- Dancer's belongings/bags will be placed on the floor under the bars 6 feet apart
- Once belongings/bags are placed, dancers will go to their assigned spot on the studio floor
- Dancers will be staying in the same room for their classes wherever possible
- In some cases dancers will be required to change rooms, cleaning protocols will be completed to welcome the next group of dancers.
- Partner work/props will be avoided to adhere to no-contact guidelines
- Hands on correction will not be used except where necessary for safety
- Staff will wear masks whenever physical distancing cannot be obtained
- All dancer/studio cleaning protocols will be included in the scheduled class time

### **After Class**

- Parents should arrive 5 minutes prior to end of class. Students must be picked up right at the end of their class, as we must have the turnaround of classes done as quickly as possible
- Dancers will be exiting their studio with their belongings and outside jacket on
- Dancers will sanitize on the way out of the studio
- Dancers Ages 5 & under One parent/guardian per family may enter the building for drop off & pick up of dancer. Please leave the foyer and sit on the markings along the benches
- Dancers Ages 6 & over will meet their parent at the front door of the building. Parents please be waiting outside for your dancer or in the car if you are ok with them coming to find your vehicle.
- Please be prompt to pick up your dancer, we do not have space for dancers to be waiting to be picked up

## **Cleaning Information**

- Cleaning protocols will be done between the change of each group of dancers. Once the building is empty each night, the entire building will be deep cleaned
- Washrooms will be disinfected regularly throughout each night
- Commonly touched surfaces and studio space will be sanitized after each group of dancers
- Stay home if showing any symptoms of illness
- Practice physical distancing whenever possible
- Where physical distancing is not possible, staff will be wearing masks
- Masks are welcome but not mandatory World Health Organization recommendations are not to wear masks during physical activity